

05 July 2024

## Sports Day 2024





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On Tuesday 2 July 2024, we celebrated our annual sports day at Lee Valley Athletics Centre. All our students attended the day and each student competed in a minimum of one event. We had some remarkable performances throughout the day where students exhibited their athleticism, and we were most proud of how our students embodied the school values.

Our students were kind to one another, demonstrated honesty and resilience as well as showcasing their sportsmanship and teamwork.

We had some incredible performances, from students across all year groups. Some highlights:

- Angel - 1st in Y10 Boys 100m
- Avery - 1st in Y7 Girls 100m
- Isha - 1st in Y10 Girls 100m and 800m
- Hendrik - 1st in 400m
- Jana - 1st in 200m and long jump
- Tobias - 1st in High Jump, after entering the competition at 1.4m
- Kaine - 1st in Y9 Boys 800m, 100m and High Jump
- Tiana - 1st in 100m
- Kiella - 1st in 800m with a photo finish for 2nd place with Lily

A standout performance for determination and resilience goes to Scarlett Reynolds, for her wonderful performance in 800m.

The day concluded with an exhibition race where our quickest runners of the day raced Savan, Y11 student, who held the current school record for 100m. Our runners included Kaine, Hendrik, Angel, Petar, Daniel.

- Gold - Angel
- Silver - Savan
- Bronze - Petar

### The PE Team



## Message from the Headteacher

We have had a whirlwind of sporting and cultural events this past week, starting with our superb talent show, which was an extravaganza of drama, song and dance. In the week of Pentecost, during which the Holy Spirit entered the room of the apostles ‘with a mighty blast of wind’, it was appropriate that our Brass section stole the show early on, in spite of the fact that they have only been learning their trumpets and trombones for 10 weeks. Our new violinists in Year 7 also impressed at the start of the show. There were some marvellous vocal performances, too, and the bleak ecologically-themed drama will live long in the memory. Rock band ‘I’m still thinking’ were worthy winners of the evening with their outstandingly mature rendition of the Radiohead classic ‘Karma Police’. Huge thanks to our creative team of Mrs Nelson and Mr Lasithiotakis, together with Ms Walt and Ms Laabaied for all their hard work in rehearsing the students.

After non-stop sunshine the previous year, the British weather took her revenge on a rainy sports day. Not to be deterred, our intrepid athletes put in some sterling performances. Pick of the day was probably Angel, from Year 10, with a blistering 100m sprint performance of 11.78s achieved on a wet track with no starting blocks! The relays were run with a real sense of team spirit and many pupils went away with a personal best and a medal for their efforts. Huge thanks to Mr Browell and his team for leading another very successful event.

It was wonderful to welcome our incoming Year 6s into 7s on our induction day on Thursday and to see so many excited faces as they explored their new school. We had another 60 visitors from Bowes School on Wednesday who enjoyed exploring pond life under the microscope with our Science Department.

We are hugely looking forward to our 10th Anniversary Celebrations next week – pictures to follow! Just a reminder that students will be dismissed an hour earlier than usual on Monday unless they are members of the Byzantine Choir, in which case they will be dismissed at the usual time.



### End of Term Arrangements

- **Monday 8 July** – Students will be dismissed at 1.50pm due to Staff and Governors 10 Year Anniversary Celebration
- **Friday 19 July** – Last day of term: Students will be dismissed at 12:25pm.

*Philip Hills*  
Dr Philip Hills, Headteacher

APOSTLE



NEWS



### Faith – Saint Modwenna – 6 July

Modwenna was a nun and saint in England, who founded Burton Abbey in Staffordshire in the 7th century. According to the medieval Life of St Modwenna she was an Irish noblewoman by birth and founded the abbey on an island in the River Trent. Saint Modwenna was known for her deep spirituality and for her ability to heal both physical and spiritual ailments. Modwenna is reported to have performed many holy miracles at Burton Abbey, and to this day the well on the site is said to have healing properties. After a time Modwenna left Burton-upon-Trent and travelled to Scotland where she died in Langfortin, near Dundee, reportedly at the age of 130. Her body was returned to Burton-upon-Trent for burial. ‘The LORD sustains them on their sickbed and restores them from their bed of illness’. – Psalm 41:3





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## Talent Show 2024

At the 2024 Talent Show on Friday 28 June 2024, we celebrated our annual talent show. The evening was one filled with talent, excitement and lots of entertaining acts! The evening started with our Y7 students showcasing their musicality with strings and brass, and their performances were outstanding, despite the short time they have been learning them. We then started the acts who performed in a variety of disciplines such as voice, instruments, dancing, gymnastics and the Y9 band! The drama group then put on an incredible performance of the meaningful piece, The Tree. All of our performers were brilliant, and the hours that have gone into rehearsing and practicing definitely paid off. Our top 3 acts of the evening, judged by our Headteacher, Dr Hills and our guest judges Martin and Ellie were: 1st - The Y9 Band with Karma Police 2nd - Isabella, singing, Wildflower 3rd - Alice, with her rhythmic gymnastics piece.





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## Year 5 Taster Class

Bowes Primary Year 5 students learnt how to use a microscope using pond water collected from near the school. We saw copepods, brine shrimp, daphnia, blood worms and lots of other organisms. Students practised focusing the microscope and ended by drawing what they could see. They also did a chemistry session using universal indicator to identify acids and alkalis and created a rainbow fizz to show the neutralisation reaction.





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## September 2024 Year 7 Induction Day

Our new Year 7 cohort made quite the impression with their excellent attitude at Y6 into Y7 Induction Day.



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**Free SEND travel training workshop**  
**Tuesday 6<sup>th</sup> August 2024**  
 10.15am – 11.50am OR 12.15pm – 1.50pm  
 RAF Museum, Colindale

Parents and carers, we would love to welcome you and your child(ren) to our fun and friendly summer travel training session. Suitable for children and young people (Year 6 and above) with SEND or those who are particularly vulnerable or anxious whilst travelling on public transport. Top travel tips will be shared to help make travelling easier and safer in this interactive workshop.

Limited spaces available – book soon to avoid disappointment! Please contact [road.safety@barnet.gov.uk](mailto:road.safety@barnet.gov.uk) for more information and a booking form.

'Camp Phoenix' youth courses and activities are open to anyone aged 9-16. Camp Phoenix runs daily throughout the school holidays from Easter to October half term. Full day activities run from 9:30-16:30 / 10:00-17:00 each day. For more information on where we are located or what to bring with you, click the logo below:



Students can sign up to Springpod to gain access to a great selection of Virtual Work Experience programmes. These short courses take around 6-8 hours to complete and include video content and activities for students to work through. Upon completion they will receive a certificate.

You can find information on work experience opportunities [here](#). Click on the boxes in this PDF to view the experience.

**Who are Springpod?**

Springpod are an online career and university exploration platform. They connect students to world-leading employers and universities through online programmes. Through these free virtual experiences, young people can gain the experience, knowledge, and skills they need to take their next steps. Upon completion of a programme students will receive a certificate to reference on their CV and/or Personal Statement.

**How do students get started?**

All students need to do is create a free account and click 'start now' to access the programme. Students can come back to the programme via their dashboard and complete it at a later date when it suits them. Visit the website for more information: [Gain Virtual Work Experience. Earn certificates - 100% free! | Springpod](#)

**St Andrew the Apostle**  
**SUMMER SCHOOL**

WEDNESDAY 24<sup>th</sup> JULY to  
 FRIDAY 26<sup>th</sup> JULY 2024  
 9.30am to 1.30pm

It's FREE  
 Limited places available!

Is your child in Year 5?  
 Scan the QR code below to  
 secure your child's place!

St Andrew the Apostle School  
 Building 5, North London Business Park, N11 1BP  
 Tel: 020 3195 5444 | Email: [info@standrewtheapostle.org.uk](mailto:info@standrewtheapostle.org.uk) | Website: [www.standrewtheapostle.org.uk](http://www.standrewtheapostle.org.uk)

**Root Words – Recap 2**

**tact** (from Latin) = **touch** e.g. **contact** (get in touch with)

**frag/fract** (from Latin) = **break/shatter**  
 e.g. **Fragile** (easily broken)

**mut** (from Latin) = **change**  
 e.g. **Mutually** (exchanging in a way that is fair to both)

**ab** (Latin) = **away**  
 e.g. **abdicate** (go away from a position of responsibility)

**dia**: (Greek) = **across/through/completely**  
**Diaspora** (scattering of peoples across the world)

**Designated Safeguarding Leads**  
 Click below for more information

Mr Martin

Miss Walt

Mrs Viala

