

St Andrew the Apostle School Weekly Newsletter



Be kind to one another, forgiving one another, as God forgave you. Ephesians 4:32

15 March 2024

Year 8 Netball Festival

Our wonderful Y8 netball team played in the Barnet netball festival at Christ College this week, where they had a lovely afternoon playing matches with schools from across the borough. A huge well done to the team for their dedication, their commitment and their sportsmanship when playing. Stand out performances from Olivia M, Michelle W and Aseela J!



Miss Walt | Head of Year 11 & Teacher of PE

Message from the Headteacher

Sport is all about teamwork and we have had some great examples of that from our netballers and female footballers this week. Although our footballers were knocked out of the Y10 ESFA Cup, reaching the last 64 in the country is a great achievement from a team containing many much younger players and bodes well for the future. Teamwork of a different kind was very much on display at the Barnet Dance Festival recently, where again a mixture of age groups worked together superbly well and the creative choreography of the girls themselves really shone out.

We have had an incredibly positive response to our Root Word initiative, designed to build vocabulary. Please take a quick look at this week's word and do test your son and daughter on words deriving from *credo*, the Latin verb meaning 'I believe'.

Our Christian belief is at the heart of our preparations for Lent and particularly 'Clean Monday', which marks the beginning of Megali Sarakosti next week. Do have a look at the Powerpoint below, prepared by Mrs Koveri and Mr Bamford on the history and traditions around the Lenten Fast. Coincidentally, this year, the dates quite closely correlate with Ramadan (Monday 11th) which marks a special time of reflection, community, and faith for millions of Muslims around the world, including those in the United Kingdom and at our school. This ninth month of the Islamic lunar calendar is dedicated to fasting, prayer, and acts of charity, as prescribed in the Quran.

Before the Fast starts I have been enjoying achievement celebrations in the canteen with pupils from all year groups. We have taken the opportunity to look over the fence at the progress of our new buildings – the foundations are going in on the main block of the new school, the area for the all-weather football pitch has been levelled off and the Sports Hall is being finished off with the application of external brick cladding.

Students also gave me feedback on colour schemes for a new logo design that our governors, the Archdiocese and school staff have been looking at. With the new building coming soon, we are looking to update our logo as we move into our second decade of existence and we would like any new design to really stand out on the side of our new buildings and proclaim our Christian faith to the local area - watch this space for more details!

Philip Hills



Upcoming Dates and Information 2024

- Please click [here](#) to access term dates.
- Please click [here](#) to access school calendar.

Social Media



[Twitter](#) [Facebook](#)

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Faith - Sunday of Forgiveness



As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendants became heirs of death and corruption. 

From this Sunday we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and to partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit..."

The Power point in the link below explains in greater detail how and when we fast in Orthodox Lent. [The Great Lenten fast in the Orthodox Church](#)

Year 10 Girls Football



The Y10 girls football team made the long journey to Bishop Stortford which is on the border of Hertfordshire and Essex. The girls were playing against Hertfordshire and Essex College in the last 64 of the English Schools' Football Association trophy. The team have done exceptionally well to reach this stage of the competition after wins against local schools Ashmole and East Barnet. Unfortunately, Monday was a bridge too far against strong opposition with strong pedigree for the competition. STA took the lead with the first attack when Lindi scored after great work from Melina D. As the game progressed STA struggled with the attacking prowess of the opposition who took the lead which could not be pulled back by the team. Special mentions to Imani who played out of position and Sofia D who was voted player of the match by Hertfordshire and Essex College.

Mr Browell | Head of Y10 & PE

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Barnet Schools Dance Festival 2024

This year, our incredible dancers set to the stage to portray two very important messages at Barnet Dance Festival. The dancers have been rehearsing tirelessly for several weeks, and months to perfect their skill, timing and choreography which were all executed brilliantly on the night.

We had two dance troupes who performed dances choreographed by some of our wonderful Y10 Students. Both groups included a mixture of students from years 7 – 10.

Gen Z vs. Millennials



This piece was choreographed by Jana and supported by Megi. The piece was a mash-up of 3 songs and the message was that even though we all seem different, and the gap between Y7 and Y10 seems big, we are all one and we are very similar. We have performed in the dance festival every year and this was our last year to perform so we wanted to make it extra special, and the best one yet.



Telephone



The dance to Lady Gaga and Beyoncé's song 'Telephone' was choreographed by Isabella and supported by Anamaria. This dance was a fun, upbeat piece where the girls portrayed how much fun we can all have without our phones: something that we all rely on. We were proud of the girls and how much hard work and dedication went into the dance.

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Root word of the week

(cred: Latin = believe)



Credentials
(papers proving qualifications are to be believed)

Incredulous
(unwilling to believe something)



Discredit
(remove reasons for believing in someone)



What Parents & Carers Need to Know About MONKEY

As part of our ongoing commitment to online safety, we want to inform you about Omegle, a site now closed down due to concerns over abuse taking place online, and Monkey, which has taken its place and is gaining popularity among some teens. These platforms pose potential risks due to unmoderated content and interactions. Please discuss safe internet practices with your children and monitor their online activities closely. Stay informed, stay vigilant! [Click here](#) for further information.

Activity Sign Up Surgeries

For parents/carers who need support with registering and enrolling their child(ren) to a BACE, Positive Activities or Duke of Edinburgh activity this Spring, drop by to one of our sign-up surgeries and meet the team. We have internet access and devices that you can use on site to support you.

NEW

East Central Hub Area

Newstead Children's Centre,
East Central Hub, 1 Follows Close
(off Tooting Road) East Finchley, N2 8LG
Monday 11 March 2024 - 2pm-5pm
Tuesday 12 March 2024 - 2pm-5pm

Finchley Youth Centre,
142 High Road, East Finchley, N2 9ED
Friday 08 March 2024 - 5pm-6pm
Friday 15 March 2024 - 5pm-6pm

West Hub Area

Barnet and Southgate College,
Colindale, 7 Bristol Avenue
(formerly Lanacre Avenue), London NW9 4BB
Tuesday 05 March 2024 - 4pm-6pm
Thursday 07 March 2024 - 4pm-6pm
Tuesday 12 March 2024 - 4pm-6pm
Thursday 15 March 2024 - 4pm-6pm

Canada Villa Young People's Centre,
Pursley Road, Mill Hill, NW7 2BU
Thursday 07 March 2024 - 5pm-6pm
Thursday 14 March 2024 - 5pm-6pm

Child A: I think camp is good. My favourite room is the games room because I can play with my friends.

I have seen my niece blossom into a confident young child, it has been a real benefit to her.

How can you stay safe In and Out of school!

RET BUNNELL EDUCATION TRUST

If you are worried about anything, you can speak to ANY Teacher, Support Staff, Your Form Teachers and Year Leaders!

Designated Safeguarding Leads:

- Ms Walt (004)
- Mr Martin (004)
- Ms Viala (004)

PLUS OFFICE SUPPORT:

- Ms Azad
- Ms Henshaw-Devall

Senior Leadership Team:

- Dr Hills
- Ms Malakoua
- Ms Heian
- Ms Bicarregui

Topics covered: Bullying!, Alcohol/Drug Misuse!, Social Media Misuse!, Safety to and from school!, Mental Health!, Safety at Home!, Pressure of social media!

Outside of school: If something happens outside school and you need help, contact: ChildLine 0800 111, Barnet Children's services 020 5359 4066, Enfield Children's services 020 8379 5555. After school, at weekends and during school holidays ensure you are safe around water, railways, roads and parks. Be careful at home in the kitchen, or when DIY is underway.

Be safe online: Only share positive messages, Keep private information private, Do not meet someone who you met online, Keep your passwords safe, Report online abuse using: www.ceap.police.uk

ChildLine 0800 1111

BACE HOLIDAYS

Spring 2024 Barnet Active Creative Engaging holidays

Healthy Eating
FREE recipes and top tips

What's on

Free trips to
Laser Quest, Bowling and Flip Out for the Teens

Fun Days
Sublime science, magic shows and movie screenings

Volunteering
Could you be a Holiday Activity Volunteer?

FREE activities and ideas for ages 4-16

barnetyouth.uk/BACEHolidays

2 April - 12 April 2024

Caring for people, our places and the planet

Extra Curricular Clubs Timetable - Term 3

	Just before school	After school
Monday		All Years Boys and Girls Table Tennis (2 - 4pm) 04 Hall KS3 (7 - Y9) STEM Club - SC4 (3:05 - 3:45pm) Homework Club - ICT1 (3 - 3:50pm)
Tuesday	Y7 and Y8 Drama Club - DR1 (12:50 - 1:20pm) Strategy Club: Chess, Connect 4, Backgammon, Card Games - MA3 (12:35 - 1:50pm) Y9 Drama Club - DR1 (12:50 - 1:30pm)	Dance - B5 Changing Rooms (3 - 4:30pm) Art Club - Art1 Signs Up Only (3 - 4pm) Homework Club - ICT1 (3 - 3:50pm)
Wednesday	Strategy Club: Chess, Connect 4, Backgammon, Card Games - MA3 (12:35 - 1:50pm)	All Years Boys and Girls Basketball - G3 - 4pm) B5 Changing Rooms GOSE PE Transporting (INSTEAD ONLY) (3 - 5pm) East Barnet School All Years Girls Dance - (3 - 4pm) B5 Changing Hall
Thursday		Choir - MU1 (3 - 3:50pm) Homework Club - ICT1 (3 - 3:50pm) Homework Club - ICT1 (3 - 3:50pm)
Friday	Guitar Club - MU1 (12:35 - 1:20pm) MFL Speaking Club - CR31 (12:50 - 1pm) A level Film Club - 006 (12:35 - 1:15pm) Apostle News Writing Group (12:35 - 1:15pm)	Homework Club - ICT1 (3 - 3:50pm)